

1 **EXPOSURE TO MECHANICAL VENTILATION PROMOTES TOLERANCE TO**
2 **VENTILATOR-INDUCED LUNG INJURY BY *Ccl3* DOWNREGULATION**

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22 Running head: Preconditioning with mechanical ventilation

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24 Authors' contributions: GMA, JBP, ILA conceived and designed the study. JBP, ILA,
25 LAR, EBS and AGP performed the experiments. GMA, ILA, JBP, LAR and AGP
26 analyzed the data and discussed the results. GMA, ILA and JBP wrote the paper. All
27 authors reviewed and discussed the manuscript.

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30

31 **Abstract**

32 Inflammation plays a key role in the development of ventilator-induced lung injury
33 (VILI). Preconditioning with a previous exposure can damp the subsequent
34 inflammatory response. Our objectives were to demonstrate that tolerance to VILI
35 can be induced by previous low-pressure ventilation, and to identify the molecular
36 mechanisms responsible for this phenomenon. Intact 8-12 week old male CD1
37 mice were preconditioned with 90 minutes of non-injurious ventilation (peak
38 pressure 17 cmH₂O, PEEP 2 cmH₂O) and extubated. Seven days later,
39 preconditioned mice and intact controls were submitted to injurious ventilation
40 (peak pressure 20 cmH₂O, PEEP 0 cmH₂O) for 2 hours to induce VILI.
41 Preconditioned mice showed lower histological lung injury scores,
42 bronchoalveolar lavage albumin content and lung neutrophilic infiltration after
43 injurious ventilation, with no differences in *Il6* or *Il10* expression. Microarray
44 analyses revealed a downregulation of *Calcb*, *Hspa1b* and *Ccl3*, three genes related
45 to tolerance phenomena, in preconditioned animals. Among the previously
46 identified genes, only *Ccl3*, which encodes the macrophage inflammatory protein 1
47 alpha (MIP-1 α) showed significant differences between intact and preconditioned
48 mice after high-pressure ventilation. In separate, non-conditioned animals,
49 treatment with BX471, a specific blocker of CCR1 (the main receptor for MIP-1 α)
50 decreased lung damage and neutrophilic infiltration caused by high-pressure
51 ventilation. We conclude that previous exposure to non-injurious ventilation
52 induces a state of tolerance to VILI. Downregulation of the chemokine gene *Ccl3*
53 could be the mechanism responsible for this effect.

54

55 *Keywords: Ventilator-induced lung injury, immunotolerance, chemokines, genomics.*

56
57 Application of positive pressure ventilation may trigger a proinflammatory
58 response within the lungs. This response, which is thought to be detrimental, is an
59 essential component of the so-called ventilator-induced lung injury (VILI)(31). In
60 fact, the development of ventilatory strategies aimed to ameliorate VILI has
61 improved the outcome of patients with the acute respiratory distress syndrome
62 (6). These strategies are also correlated to decreased levels of lung pro-
63 inflammatory mediators (13, 30). Similarly, targeting inflammation is almost
64 uniformly related to a decreased lung damage in experimental models of VILI (33).
65 One of the most striking characteristics of the inflammatory response is the
66 existence of tolerance phenomena. Preconditioning by previous exposure to a
67 stimulus results in a decreased response after a delayed second-hit. Tolerance to
68 endotoxin is probably the most paradigmatic example of this kind of response (4).
69 However, it has been demonstrated that other stimuli such as ischemia or
70 hyperoxia may have similar effects (7, 32). Recently, using an in-vitro model of
71 VILI, Gao and coworkers have shown the beneficial effects of pre-exposure to
72 moderate stretch, suggesting that mechanical ventilation with low
73 pressures/volumes could induce tolerance to more aggressive ventilatory
74 strategies (9).

75 The mechanisms behind immunotolerance are not fully elucidated. Low intensity
76 injuries trigger an intracellular response involving a variety of mechanisms such as
77 blunted NF-kB response, changes in intracellular kinases or microRNA production
78 (4). In the case of mechanical ventilation, different clinical and experimental
79 studies have shown that non-injurious ventilation triggers different lung responses
80 including inflammation (11), matrix remodeling (12) or apoptosis (20).

81 Interestingly, some of these may persist after ventilation, but their impact on
82 tolerance is largely unknown.

83 The objective of this work is to identify the existence of tolerance to VILI by
84 previous exposure to non-injurious mechanical ventilation. We developed an
85 animal model of preconditioning by mechanical ventilation and used microarrays
86 to characterize the response of preconditioned mice. Finally, validation of the
87 identified targets was done in additional experiments.

88

89 **Methods**

90 *Animals.* All experiments were performed in 8-12 week old male CD1 mice. All
91 mice were kept under specific pathogen-free conditions with free access to food
92 and water. The experiments were approved by the Ethics Committee of the
93 Universidad de Oviedo, Oviedo, Spain.

94

95 *Protocol overview.* Mice were randomly assigned to receive a short ventilatory
96 course or a sham procedure (receiving the same dose of anesthesia than their
97 ventilated counterparts). After anesthesia with intraperitoneal ketamine and
98 xylazyn, mice were intubated with a 20G orotracheal catheter and ventilated in
99 pressure-controlled mode (peak inspiratory pressure 17 cmH₂O, PEEP 2 cmH₂O,
100 respiratory rate 100 breaths/min) for 90 minutes. After this time, animals were
101 extubated and returned to their cages for recovering. One week later,
102 preconditioned and control mice were anesthetized, tracheostomized and
103 ventilated for 2 hours in pressure-controlled mode with higher driving pressures
104 (peak inspiratory pressure 20 cmH₂O, PEEP 0 cmH₂O, respiratory rate 50
105 breaths/min). Compared to preconditioning, these settings result in a driving

106 pressure 5 cmH₂O higher and for a longer time than during preconditioning.
107 Without the protective effects of PEEP (34), these settings induce a moderate VILI
108 (1, 11, 15), as the magnitude of tissue injury is proportional to the area under the
109 pressure-time curve (34). FiO₂ was 0.21 during all the protocol. During all the
110 ventilatory periods, temperature was maintained using a heating pad. Figure 1
111 shows the timeline of the study.

112 Linear compliance was measured by insufflation of a fixed amount of 500
113 microliters of air and recording of the increase in airway pressure using a
114 calibrated pressure transducer. Blood gases were measured using a NPT7
115 gasometer (Radiometer) using samples drawn from the aorta at the end of the
116 ventilatory period. Tissue samples were obtained from each experimental group.
117 In additional animals, a bronchoalveolar lavage was performed after the study.

118

119 *Tissue sampling.* Mice were studied in baseline conditions, immediately and a week
120 after low-pressure ventilation and after high-pressure ventilation. Under
121 anesthesia, a laparotomy was performed, the animals were exanguinated by
122 section of the renal artery, the thorax opened and the lungs removed. The left lung
123 was fixated with the intratracheal injection of 250 microliters of 4% phosphate-
124 buffered paraformaldehyde, and immersed in the same fixative for 24 hours, and
125 then stored in 50% ethanol. The right lung was immediately frozen at -80°C. For
126 biochemical analysis, tissues were mechanically homogenized in standard RIPA
127 buffer (21). The protein content of the homogenates was measured (BCA kit,
128 Pierce, USA).

129

130 *Histological studies.* Lungs were embedded in paraffin and three histological
131 sections stained with hematoxylin and eosin. Tissue damage was evaluated by two
132 observers, blinded to the experimental conditions, using a predefined score (0:
133 Normal lungs; 1: Capillary congestion; 2: Alveolar wall thickening; 3: Inflammatory
134 infiltrates or intraalveolar flooding; 4: Massive disruption of the lung structure).

135

136 *Immunohistochemistry.* Myeloperoxidase-positive cells were recognized in
137 paraffin-embedded sections by using a specific antibody (Dako). The number of
138 positive cells was counted for three random fields (x200) and averaged.

139

140 *Bronchoalveolar lavage.* In separate experiments, a bronchoalveolar lavage (BAL)
141 was performed at the end of the ventilatory period, before animals were killed.
142 Three aliquots (0,7 ml) of saline were injected through the tracheostomy tube and
143 recovered to obtain BAL fluid (BALF). Albumin content in BALF was measured
144 using a COBAS 8000 automated analyzer (Roche Diagnostics).

145

146 *Quantitative PCR.* RNA was extracted from lung tissue samples after
147 homogenization with TRIzol (Sigma, Poole, UK) and precipitation by adding
148 isopropanol. After centrifugation and washing with ethanol, the pellet containing
149 the RNA was resuspended in water. Complementary DNA was synthesized from 1
150 µg of total RNA using a standard RT-PCR kit (High capacity cDNA rtKit, Applied
151 Biosystems). Quantitative PCR was carried out in triplicate for each sample using
152 40 ng of cDNA. EURx qPCR master mix and 10 µM of the specific primers were
153 used for the genes encoding macrophage inflammatory protein-1 alpha (*Ccl3* FW
154 5'-CCAAGTCTTCTCAGGCCAT-3' / RV 5'-TCCGGCTGTAGGAGAAGCAG-3'),

155 chemokine (C-C motif) receptor 1 (*Ccr1*, FW 5'-CTCATGCAGCATAGGAGGCTT-3' /
156 RV 5'-ACATGGCATCACCAAAAATCCA-3'), heat shock protein 70 (*Hspa1b* FW 5'-
157 CAACGGCATCCTGAACGTCAC-3' / RV 5'-TGTTGAAGGCATAGGACTCGAGC-3'),
158 calcitonin-related polypeptide beta (*Calcb* FW 5'-CAGGCCTGAGTCACTAGCAG-3' /
159 RV 5'-TCCTTGAGGCCTTCACATCG-3'), interleukin-10 (*Il10* FW 5'-
160 CTGTTTCCATTGGGGACACTT-3' / RV 5'-CAAGTGTGGCCAGCCTTAGA-3'),
161 interleukin-6 (*Il6* FW 5'-ACCACTTCACAAGTCGGAGG-3' / RV 5'-
162 TGCAAGTGCATCATCGTTGT-3') and glyceraldehyde 3-phosphate dehydrogenase
163 as endogenous control (*GAPDH* FW 5'-GTGCAGTGCCAGCCTCGTCC-3' / Rv 5'-
164 GCCACTGCAAATGGCAGCCC-3') (all from Sigma-Aldrich, USA). The relative
165 expression of the analyzed genes was calculated as $2^{\Delta\text{CT}(\text{gene of interest})-\Delta\text{CT}(\text{GAPDH})}$.

166

167 *Western blotting.* Equal amounts of proteins were loaded in standard SDS-PAGE
168 gels, electrophoresed, and transferred to PVDF membranes. These membranes
169 were blocked with non-fat milk or bovine serum albumin (BSA) in a TBS-T buffer
170 and incubated overnight with antibodies against phosphorylated extracellular
171 signal-regulated kinases (pERK, Cell Signalling, USA) and macrophage
172 inflammatory protein 1 alpha (MIP-1 α , Abcam, UK). Afterwards, the antibody was
173 detected by chemoluminescence using an appropriate peroxidase-conjugated
174 secondary antibody. Actin (Santa Cruz Biotechnology SC-1616, USA) was used as
175 loading control. Images were acquired by a Chemidoc Imaging system (UVP, USA),
176 and the intensity of each band quantified using the ImageJ software (NIH, USA).

177

178 *Microarray processing and data analysis.* One week after preconditioning or a sham
179 procedure (only anesthesia), RNA was extracted from homogenized tissues as

180 described above and purified using the RNeasy minikit (Qiagen, USA). RNA quality
181 was confirmed by capillary electrophoresis (Agilent 2100 Bioanalyzer). Affymetrix
182 Mouse Gene 2.0 ST microarrays were processed following manufacturer's
183 instructions and scanned to obtain the raw gene expression values. All the data is
184 available at the NCBI Gene Expression Omnibus database
185 (<http://www.ncbi.nlm.nih.gov/geo>, accession number GSE65783). After
186 background correction and normalization using the Robust Multichip Average
187 (RMA) algorithm, gene expression was calculated. Differences in gene expression
188 between intact and preconditioned lungs were computed by fitting expression
189 data to a linear model and computing the F statistics using empirical Bayes
190 moderation of the standard errors. P values were adjusted according to the
191 expected false discovery rate using the Benjamini and Hochberg method. In these
192 differentially expressed genes, a gene enrichment analysis was performed to
193 identify the Gene Ontology groups with a significant representation, according to a
194 hypergeometric test. All the analyses were performed using the R statistical
195 software (R foundation for statistical computing, Viena, Austria, available at
196 <http://www.R-project.org>) and the *oligo*, *limma* and *GOstats* packages from the
197 Bioconductor Project (10).

198
199 *CCR1 blockade*. Additional animals were treated with the CCR1 blocker BX471
200 (two intraperitoneal doses of 25 mg/kg each 24 hours, purchased from Tocris,
201 UK). The dose was chosen based on previously published data, aimed to ameliorate
202 the acute inflammatory response (2). Control mice received equivalent doses of
203 vehicle. Twelve hours after the last dose, animals were anesthetized and ventilated
204 using high pressures for 120 minutes. Afterwards, lungs were extracted and

205 histological injury, neutrophilic infiltration and ERK phosphorylation were
206 measured as previously described.

207

208 *Statistical analysis.* All data are presented as mean±standard error of the mean.
209 Results were compared using Student's T tests or an analysis of the variance (for
210 two and more than two groups respectively). When appropriate, post-hoc tests
211 were done using Bonferroni's correction. Analysis of the microarray data is
212 detailed in the online supplement. A $p \leq 0.05$ was considered significant. All the
213 analyses were done using the R statistical software (R foundation for statistical
214 computing, Viena, Austria, available at <http://www.R-project.org>).

215

216

217 **Results**

218 Ninety-eight mice were used. Eighty were included in the main protocol (14 at
219 baseline conditions, 12 at the end of low-pressure ventilation, 14 one week after
220 low-pressure ventilation, 20 preconditioned and 20 intact mice were submitted to
221 high-pressure ventilation, see Figure 1 for details). Six animals (3 sham and 3
222 preconditioned mice one week after low-pressure ventilation) were used for
223 microarray studies. The remaining 12 were used to assess the effect of BX471
224 treatment (6 treated with the drug and 6 treated with vehicle).

225

226 *Preconditioning ameliorates ventilator-induced lung injury*

227 Lung injury was scored in histological sections. Compared to intact, low-pressure
228 ventilation induced a small, non-significant, increase in lung injury score. After 1
229 week, this mild damage was completely repaired. This finding correlated with

230 similar respiratory system compliances in baseline and preconditioned animals
231 (25.5 ± 2.5 vs 27.8 ± 2.0 microliters/cmH₂O respectively, $p=0.64$). As expected, high-
232 pressure ventilation caused a severe damage within the lungs. However, mice
233 preconditioned with prior low-pressure ventilation showed a significantly lower
234 lung injury (Figure 2A). After high-pressure ventilation, respiratory system
235 compliances were 21.8 ± 0.9 and 18.3 ± 0.6 microliters/cmH₂O in preconditioned
236 and intact mice respectively ($p=0.04$). The albumin content in the bronchoalveolar
237 lavage fluid was significantly lower in preconditioned animals, suggesting a
238 decreased alveolar permeability (Figure 2B). Figure 2C shows representative
239 histological sections of each experimental group. In line with these findings,
240 oxygenation after injurious ventilation was better in preconditioned animals (PaO₂
241 108 ± 19 vs 57 ± 8 mmHg, $p=0.04$), with lower PaCO₂ (32 ± 2 vs 52 ± 6 mmHg, $p=0.03$)
242 and a trend towards higher pH (7.36 ± 0.01 vs 7.23 ± 0.06 , $p=0.09$).

243 In order to demonstrate the existence of an inflammatory response within the
244 lungs (22), MPO-positive cell counts were performed in histological sections from
245 mice submitted to high-pressure ventilation, either after preconditioning or not.
246 The myeloperoxidase-positive cell count was lower in lungs from preconditioned
247 animals (Figure 3A-B). Additionally, gene expression and protein levels of *Il6* and
248 *Il10* were quantified, as canonical examples of pro- and anti-inflammatory
249 cytokines respectively. *Il6* expression significantly increased in all the
250 experimental groups submitted to mechanical ventilation (Figure 3C), with no
251 differences between preconditioned and non-preconditioned animals. There was a
252 substantial variability in *Il10* expression, so the differences were not significant
253 ($p=0.16$, Figure 3D). Protein levels followed the changes in gene expression, with

254 significant increases in IL-6 after VILI, and no significant differences among groups
255 in IL-10 (Figures 3E-F).

256

257 *Preconditioned mice show a differential lung gene expression.*

258 To explore the genomic mechanisms behind tolerance to VILI, we used
259 microarrays to characterize the gene expression in lung tissue from
260 preconditioned mice before high-pressure ventilation, compared to animals
261 submitted to the sham procedure. The main differentially expressed genes are
262 shown in Figure 4. In a Gene Ontology enrichment analysis, an overrepresentation
263 of the category “Response to abiotic stimulus” was detected (OR 12.67,
264 $p=0.00016$), reinforcing the idea that the differences in gene expression were
265 caused by the previous exposure to mechanical ventilation.

266

267 *Ccl3 is downregulated in preconditioned mice after VILI*

268 Among the differentially expressed genes, we focused on the genes *Hspa1b*, *Calcb*
269 and *Ccl3* as possible mechanisms responsible for the ameliorated lung injury in
270 preconditioned mice. These genes were significantly downregulated in lungs from
271 preconditioned mice, according to the microarray data. Then, their expression was
272 assessed in lungs from mice submitted to high-pressure ventilation, with or
273 without preconditioning. As shown in Figure 5A-C, only *Ccl3* was significantly
274 lower in tissues from preconditioned mice after injurious ventilation. Neither
275 preconditioning nor injurious ventilation induced a significant change in *Ccr1*
276 expression (Figure 5D). Similarly, protein levels of the *Ccl3* product MIP-1 α were
277 lower in preconditioned animals (Figure 5E-G). In line with this finding,
278 phosphorylation of ERK, a transcription factor linked to CCR1 activation by MIP-1 α

279 (14), was significantly decreased in these mice (Figure 5F-G). Collectively, these
280 results suggest that downregulation of *Ccl3* is one of the mechanisms responsible
281 for tolerance to injurious ventilation.

282

283 *Blockade of CCR1 ameliorates ventilator-induced lung injury*

284 As MIP-1 α exerts its effects by binding to the CCR1 receptor, we blocked this
285 signaling pathway with the CCR1 antagonist BX471. Mice treated with the drug
286 showed a decreased lung injury after high-pressure ventilation, mimicking the
287 effects induced by preconditioning (Figure 6A-B). Similarly, MPO-positive cell
288 count was decreased in treated animals (Figure 6C-D). Finally, phosphorylation of
289 ERK was decreased after BX471 treatment (Figure 6E-F). These results
290 demonstrate that CCR1 blockade mimics the preconditioning effect of previous
291 exposure to ventilation.

292

293 **Discussion**

294 The results reported herein show that previous exposure to low-pressure
295 mechanical ventilation results in tolerance to high-pressure-induced lung injury.
296 Exposure to a low-intensity stimulus can lead to tolerance to further insults. This
297 phenomenon has been widely studied in endotoxemia and our findings extend it to
298 ventilator-induced lung injury. A genome-wide search revealed significant
299 differences in a group of genes. Although preconditioning induced a down-
300 regulation in the majority of the genes, some were also upregulated, in line with
301 previous findings (5). Among those, further studies after VILI revealed *Ccl3* as one
302 gene involved in the induction of tolerance. Moreover, blockade of CCR1, the main
303 receptor of the *Ccl3* product, permitted us to mimic the observed effect. Overall,

304 these findings point to a new pathway that may be useful for prevention of VILI
305 and show that a previous short ventilatory course may modify its later occurrence.
306 The induction of tolerance to inflammatory responses is a well-known
307 phenomenon. Classically, low-dose LPS or ischemia are known to induce a
308 preconditioned state that results in a dampened inflammatory response to the
309 same or different stimuli (homo- and heterotolerance respectively). The time
310 frame of this state has not been fully described: In other models of tolerance, a
311 normal inflammatory release is recovered after 8 days (24). However, differences
312 in gene expression have been described even months after the initial challenge (3).
313 Our experimental design cannot help to identify the optimal timing after
314 preconditioning.

315 The mechanisms responsible for immunotolerance remain elusive. Different
316 pathways could be activated (4) depending on the experimental model. Using a
317 genome-wide search, we identified some differences between intact and
318 preconditioned mice. Although we cannot discard a significant effect caused by any
319 of the genes identified by our microarray analysis, we focused on *Hspa1b*, *Calcb*
320 and *Ccl3*, as these have been implicated in ischemic or endotoxic preconditioning
321 (18, 29, 35). The contribution of other genes to the pathogenesis of VILI or
322 immunotolerance should be demonstrated in further studies.

323 Among the three selected genes, only *Ccl3* showed a significant difference after
324 VILI. The product encoded by *Ccl3* is macrophage inflammatory protein-1 alpha.
325 MIP-1 α is a cytokine that belongs to the CC chemokine subfamily. This chemokine
326 is produced by a great variety of cell types including macrophages, neutrophils,
327 epithelial cells and fibroblasts. MIP-1 α can bind to both type 1 and type 5
328 chemokine receptors (CCR1 and CCR5 respectively). Whereas binding to CCR1

329 leads to the recruitment of inflammatory cells, followed by extracellular matrix
330 deposition, binding to CCR5 results in anti-inflammatory effects (23). Different
331 studies have shown that *Ccl3* play a significant role in tolerance to LPS (18).
332 Regarding lung injury, *Ccl3* is one of the genes needed for lung recruitment of
333 circulating neutrophils in LPS- or bleomycin-induced lung injury (28). Similar
334 results have been found in experimental models of ventilator-induced lung injury:
335 lung stretch results in an increase in *Ccl3* levels, whereas anti-inflammatory drugs
336 such as steroids ameliorate this increase and the subsequent damage (16). Our
337 data highlight that *Ccl3* downregulation may be a relevant step in tolerance to
338 mechanical ventilation. Therefore, targeting this chemokine could be an effective
339 approach to avoid VILI in this context. Other authors have used genomic studies to
340 identify therapeutic targets, resulting in attenuation of VILI (26). However, it must
341 be noted that our experimental approach precludes a firm causative relationship
342 between *Ccl3* and tolerance to VILI, and the involvement of other pathways cannot
343 be discarded.

344 Using a cellular model, it has been recently demonstrated that moderate cyclical
345 stretch can induce tolerance to overstretching by a Rac/Rho dependent
346 mechanism involving apoptosis inhibition and cytoskeleton rearrangement (9).
347 However, we did not identify a differential expression of these genes in our in vivo
348 model.

349 Our results show that lung response to mechanical ventilation could be
350 conditioned by the previous ventilatory history. A recent study has shown that the
351 impact of high tidal volumes on mortality decreases over ventilation time (25).
352 Additionally, our results suggest that a previous exposure to ventilation leads to a
353 different response when a second exposure is performed. Up to 10-15% of the

354 critically ill patients that are extubated need reintubation in the next 48 hours
355 (27). Moreover, reintubation is related to a worse outcome (8). In these
356 preconditioned patients, the fine-tuning of the ventilatory parameters could be
357 different than the previous settings. Finally, the data reinforce the concept of
358 dampened inflammatory response in critically ill patients after an episode of acute
359 inflammation (17). It must be noted that our experiments were performed in
360 juvenile mice, which have been reported to be more resistant to VILI (19). The
361 impact of these findings in adult or elderly mice is to be demonstrated. In spite of
362 this limitation, all these phenomena illustrate the impact of mechanical ventilation
363 on the course of critical illness.

364 In conclusion, our results show the existence of tolerance to VILI by exposure to
365 previous ventilation. Moreover, the study of the mechanisms involved in this
366 phenomenon allowed us to identify a potential therapeutic target to prevent VILI
367 by targeting the *Ccl3*-MIP-1 α -CCR1 pathway. This mechanism illustrates the
368 complex nature of the lung inflammatory response to mechanical ventilation and
369 could help to design novel therapeutic approaches.

370

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378

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503 **Figure legends.**

504 **Figure 1.** Schematic representation of the experimental design and study groups,
505 including sample size and measurements in each one (BALF: Bronchoalveolar
506 lavage fluid, VILI: Ventilator induced lung injury, MPO: Myeloperoxidase).

507 **Figure 2.** Assessment of lung injury. A: Histological lung injury, showing an
508 ameliorated lung injury in preconditioned animals. B: Quantification of
509 bronchoalveolar lavage fluid (BALF) albumin content, a marker of alveolar
510 permeability. C: Representative histological sections of each experimental group.

511 **Figure 3:** Differences in lung inflammation. Preconditioned mice showed a
512 decreased neutrophilic infiltrate within the lungs, demonstrated by the lower
513 myeloperoxidase-positive cell count (A). Panel B shows representative
514 immunohistological sections. Mechanical ventilation induced an increase in lung
515 *Il6* expression (C). *Il10* expression showed a substantial variability among groups,
516 with no statistically significant differences (D). Protein levels of IL-6 and IL-10
517 followed these changes in gene expression (E-F).

518 **Figure 4:** Differences in gene expression between intact (n=3) and preconditioned
519 mice (n=3) before injurious ventilation. Gene expression within lung tissue was
520 assessed using microarrays. The genes with a higher differential expression are
521 presented in the heatmap (A) and in the table (B).

522 **Figure 5:** Gene expression after ventilator-induced lung injury. Expression of
523 *Hspa1b*, *Calcb* and *Ccl3* was studied in lung tissue from preconditioned (n=10) and
524 intact (n=10) mice submitted to high-pressure ventilation. There were no
525 differences in *Hspa1b* (A) or *Calcb* (B). However, *Ccl3* expression was significantly
526 lower in preconditioned animals (C). The protein levels of MIP-1 α , the product of

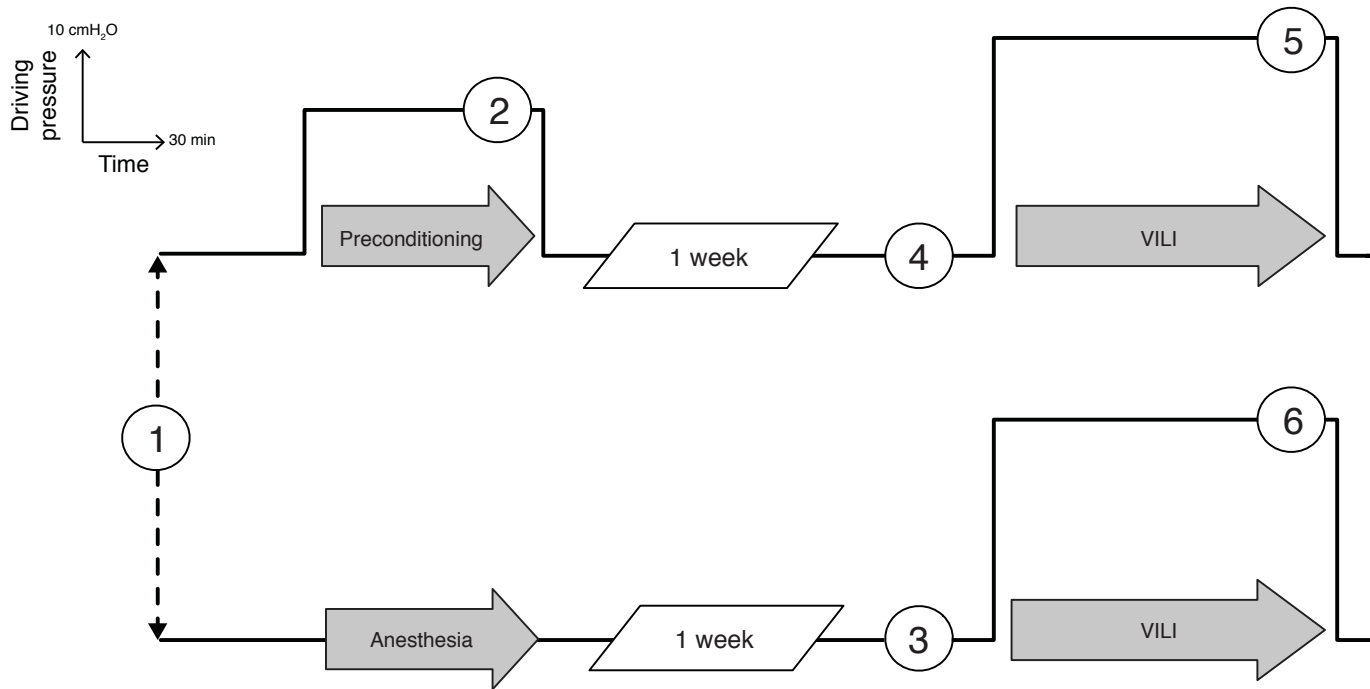
527 *Ccl3* (D), and phosphorylated ERK (E) were also significantly lower. Panel F shows
528 representative western blots.

529 **Figure 6:** Effects of CCR1 blockade. Mice treated with BX417, a CCR1 blocker
530 (n=6), and with vehicle (n=6) were submitted to injurious ventilation. CCR1
531 blockade ameliorated ventilator-induced lung injury, as demonstrated by lower
532 histological injury scores (A-B) and decreased myeloperoxidase (MPO)-positive
533 cell counts (C-D). Phosphorylation of ERK was decreased in treated mice,
534 suggesting an effective blockade of the receptor (E-F).

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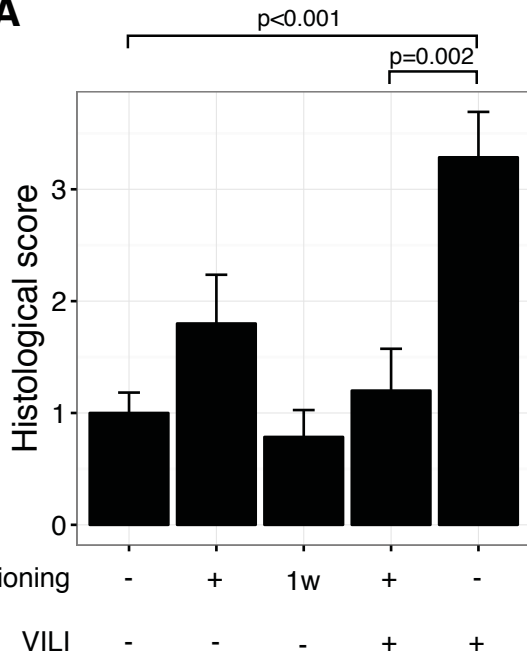
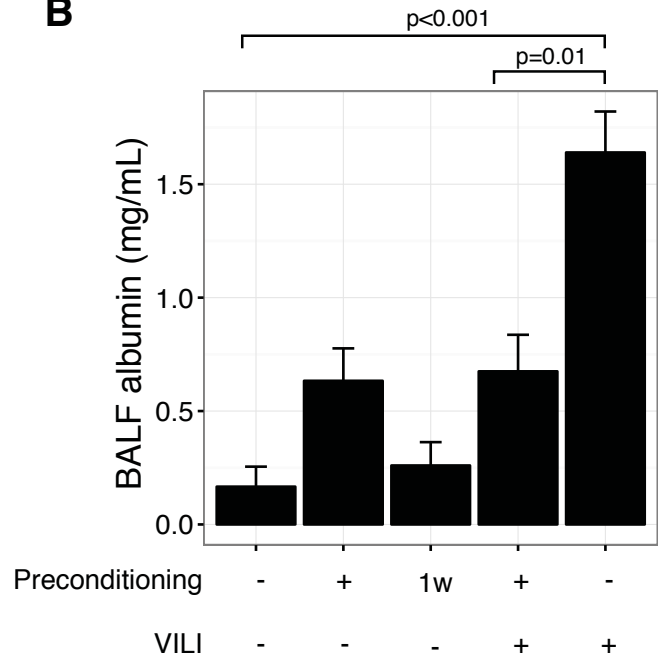
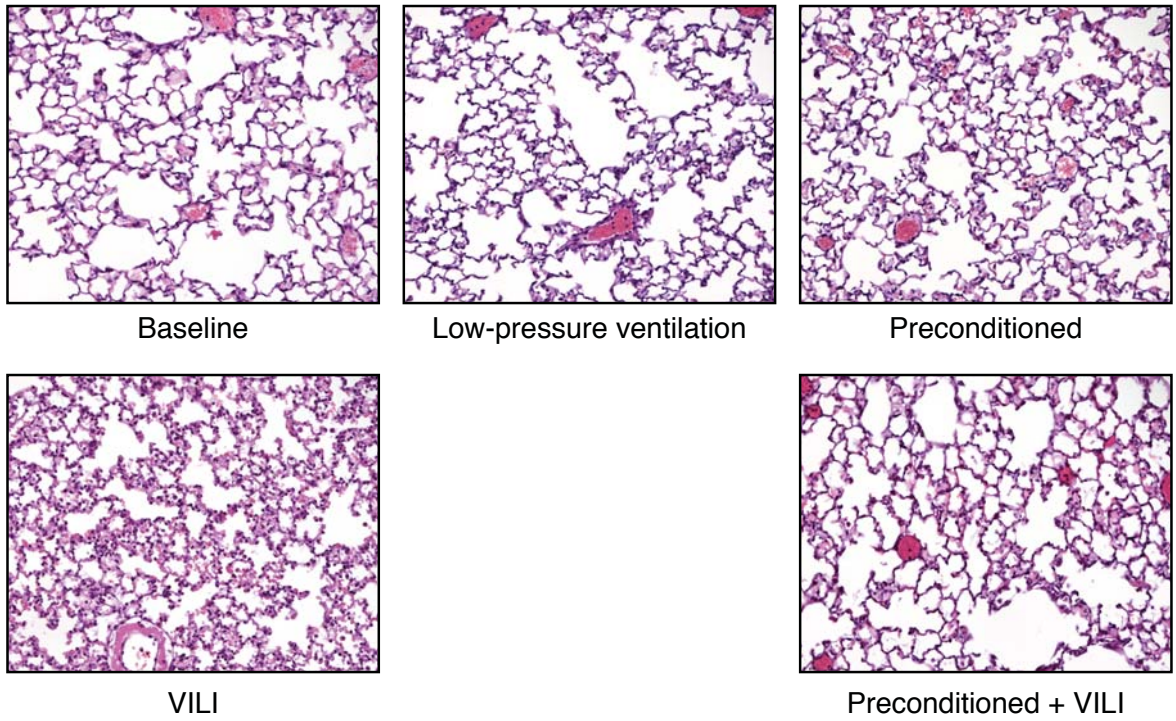
1: Baseline
 Tissue injury (n=6)
 Compliance (n=4)
 BALF albumin content (n=4)
Il6, Il10 expression (n=6)

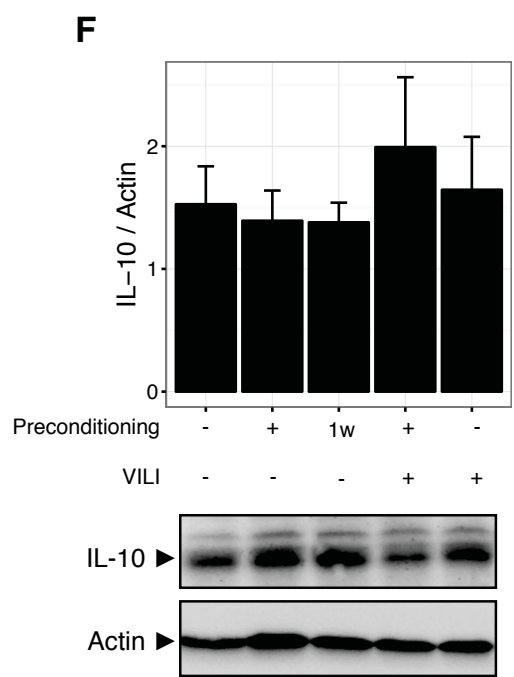
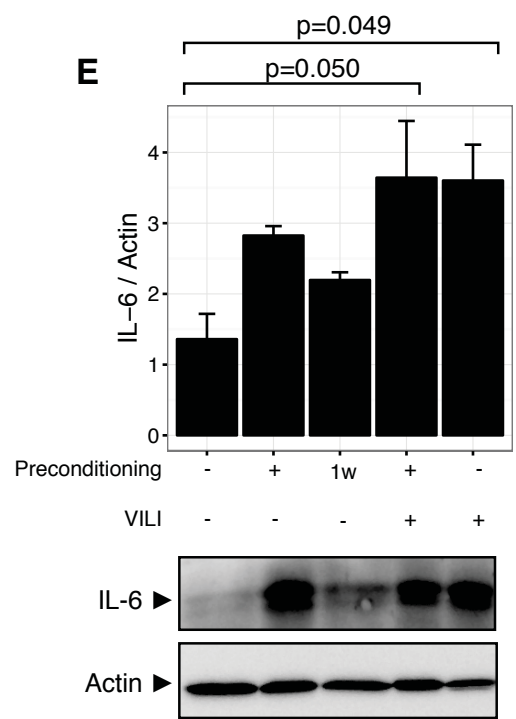
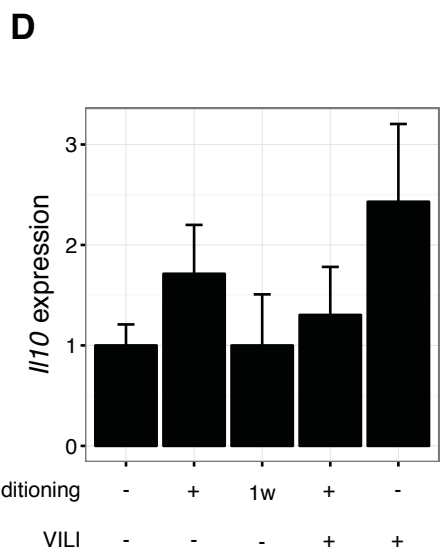
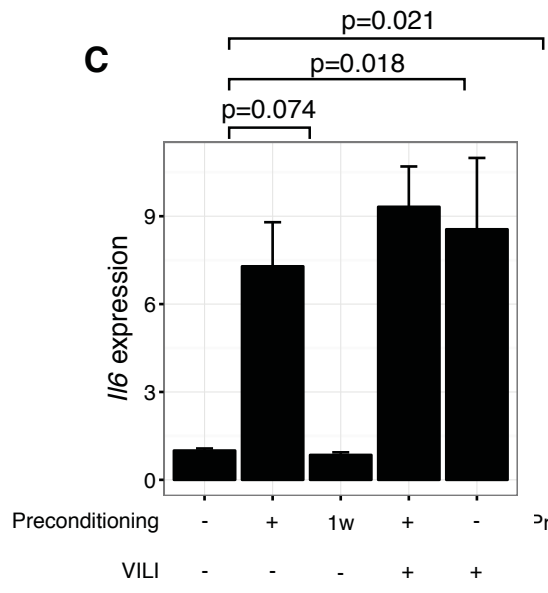
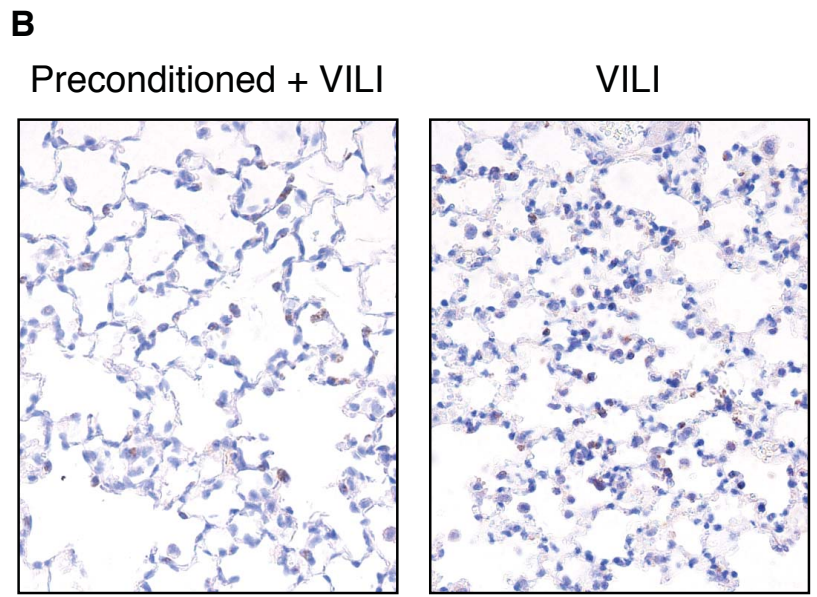
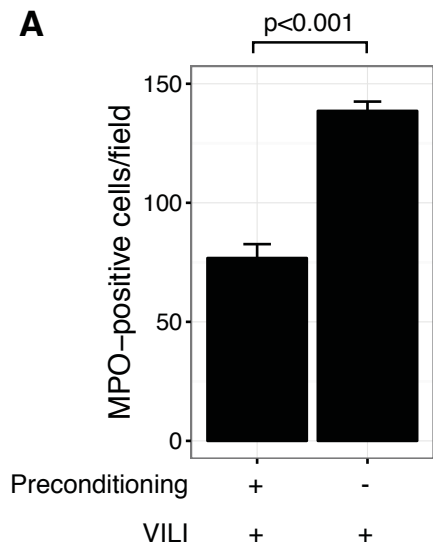
2: Non-injurious ventilation
 Tissue injury (n=6)
 BALF albumin content (n=4)
Il6, Il10 expression (n=6)

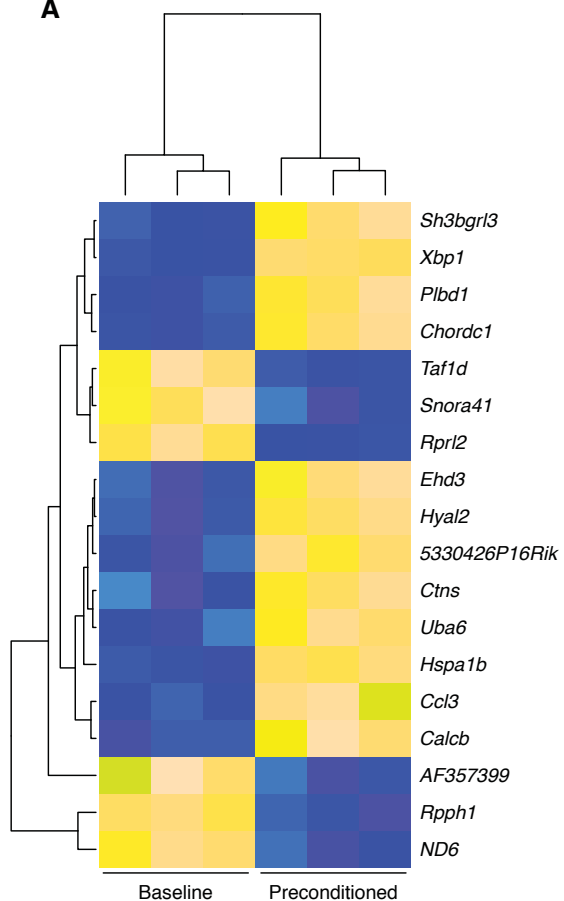
3: Sham
 Microarray (n=3)

4: Preconditioned
 Tissue injury (n=6)
 Compliance (n=4)
 BALF albumin content (n=6)
Il6, Il10 expression (n=6)
 Microarray (n=3)

5: Preconditioned+VILI
6: VILI
 Tissue injury (n=10)
 Compliance (n=4)
 Blood gases (n=4)
 BALF albumin content (n=6)
 MPO staining (n=10)
Il6, Il10 expression (n=10)
Hspa1b, Calcb, Ccl3, Ccr1 expression (n=10)
 MIP-1a signaling (n=10)

A**B****C**



A**B**

Gene symbol	Log fold-change	P.Value	adj.P.Val
<i>Hspa1b</i>	-2,555	2,63E-08	0,00066701
<i>Taf1d</i>	1,671	5,40E-06	0,05467777
<i>5330426P16Rik</i>	-1,175	6,47E-06	0,05467777
<i>Chordc1</i>	-0,875	1,35E-05	0,05747564
<i>Calc</i>	-1,849	1,53E-05	0,05747564
<i>ND6</i>	0,920	1,90E-05	0,05747564
<i>Snora41</i>	1,508	1,92E-05	0,05747564
<i>Sh3bgrl3</i>	-0,890	1,98E-05	0,05747564
<i>Plbd1</i>	-0,824	2,31E-05	0,05747564
<i>Uba6</i>	-0,922	2,44E-05	0,05747564
<i>Hyal2</i>	-0,822	2,71E-05	0,05747564
<i>Ccl3</i>	-1,165	2,72E-05	0,05747564
<i>Rpph1</i>	0,759	2,98E-05	0,05815134
<i>Ehd3</i>	-1,038	3,42E-05	0,05828296
<i>Ctns</i>	-0,897	3,62E-05	0,05828296
<i>Rprl2</i>	0,699	3,69E-05	0,05828296
<i>AF357399</i>	1,836	3,91E-05	0,05828296
<i>Xbp1</i>	-0,650	4,22E-05	0,05947238

